

Communities

Assistant Director Tom Barker

The Communities Service Area includes: Safe Communities (including community safety, anti-social behaviour, safeguarding and the Community Safety Partnership)

Strong Communities (including grants, external funding, community development, and community rights)

Healthy Communities and Policy (including health and wellbeing, health interventions and preventative activity)

	April - June 2018	July - September 2018	October - December 2018	January - March 2019
Main Achievements	<p>The professional Women's Cycling tour of Britain, passed through Mid Suffolk district on 13th June.</p> <p>The Councils' Health and Wellbeing Team organised two community events, one at Bosmere Primary School, Needham Market and the other at Stradbroke Community Centre; these attracted around 160 visitors in total. Activities included cycle simulators and an open-air cinema screening. There was also a very good turnout of spectators along the route. In addition to these events, the Council supported a range of other community activities through a small grant fund. Many of these took place on the day, including a decorating bikes initiative at Wilby, a school colouring competition (5 primary schools took part) and a tea party held by Stowmarket Town Council to raise money for Stow Dementia Action Alliance and the Alzheimer's Society. Debenham Leisure Centre also hosted a fun packed activity morning for the children at the local primary school which included a 'bikeability' session.</p>	<p>1. The Communities team formed a working group with staff from Ipswich Borough Council and Suffolk County Council to collaboratively organize and deliver a range of health and wellbeing promoting activities for Workplace Health Week held between 10 & 14 September. In addition we also held a Prostate Cancer Day on 12 September to raise awareness of the condition, helping to raise £250 for the East Suffolk Prostate Cancer Support Group (this covers the Babergh and Mid Suffolk area). The event involved a talk by a Macmillan nurse, information on diagnosis and the opportunity for staff to contribute to a local charity by wearing a sports top of their choice.</p> <p>2. The Health and Wellbeing team have been helping to promote bowling as a means of staying active. As part of this work, Stowmarket Rookery Bowls Club hosted some free taster-sessions in indoor bowls for older people living in the Stowmarket area. We worked with the club to identify 6 locations to offer the sessions, including the sheltered housing scheme at Partridge Court and other venues.</p>	<p>1. The 'Stars of Babergh & Mid Suffolk' Community and Business Awards Event was held on Thursday 18 October 2018. Over 150 entries were received for 11 categories and Mid Suffolk had a total of 13 overall winners.</p> <p>2. The Member Locality Awards have currently allocated £ 120,000 of funding awards to support and enable 126 groups and organisations in the Mid Suffolk district.</p> <p>3. 57 Members of Staff have received Child Safeguarding Training Sessions and 48 Members of Staff have received Adult Safeguarding Training during October and November.</p> <p>4. £5,182 has been secured through the Awards for All BIG Lottery Programme for Voluntary & Community Sector Organisations. This is an external funding stream opportunity, our officers provide advice.</p> <p>5. The Mid Suffolk Capital Grant Programme has awarded £ 3,000 to the Rickinghall Village Hall for improvements. Section 106 funds of £4,436.12 to St Edmunds Hall Hoxne and £12,5304.54 to Thorndon Village Hall were awarded.</p>	<p>1. Following conversations with Councillors, partner organisations and staff and a formal period of consultation, our Communities Strategy was adopted in March.</p> <p>2. The total sum of Locality Awards spent in 2018/19 was £240,180.77 out of the original £250,000.00, a spend of 96.1%. Overall 195 organisations, groups and Parish Councils received Locality Award monies.</p> <p>3. The Communities Team has supported the development work in relation to the Needham Visitor Centre. A successful funding event also was supported in Elmswell in February.</p> <p>4. Elmswell Parish Council is being supported in plans to purchase the Railway Tavern. A review of the Assets of Community Value process has also been initiated to help streamline procedures.</p> <p>5. We have worked with our partners, Everyone Active to establish a new GP exercise on referral scheme in Stradbroke, for people of all ages.</p>

<p>Main Achievements continued</p>	<p>Mental Health work has included a successful Mental Health Awareness and Dementia Fortnight in the workplace with many activities in partnership with SCC and HR. 11 staff members now trained as Mental Health First Aiders. The Communities team recently completed a full Section 11 Audit which required the Councils' to evidence how well we are meeting our statutory obligations in relation to safeguarding, duty of care, and promoting the welfare of Children and Vulnerable Adults. The audit takes account of the level of Corporate commitment toward safeguarding and how the Councils' ensure that safeguarding measures are implicit in our procurement processes and embedded into our policies.</p>	<p>2. cont. Venues included venues such as Cedrus House and Hillcroft Nursing home. As part of the initiative, volunteers from the club were trained in first aid and safeguarding. The sessions were very well attended and received excellent feedback.</p> <p>3. The Make, Do & Friends Project has commenced. With the support of the Communities team, Suffolk Artlink in partnership with the Rural Coffee Caravan and DanceEast are delivering a high-quality arts outreach programme led by artists. The programme which has secured Arts Council funding for two years has been designed for and co-produced with older people, particularly those who are rurally isolated or lonely by providing opportunities for people to get together and try new activities.</p>	<p>6. A new Great Run Local event has been established in Walsham-le-willows, over 50 people took part in a pilot session in December, formal launch due in February.</p> <p>7. Through the Active Wellbeing programme a Loneliness and Social Isolation training event was delivered in Fressingfield with 25 participants taking part.</p> <p>8. A Parental Mental Health workshop was also delivered in October, in partnership with Public Health.</p> <p>9. The Lullaby project which provides early years children with the opportunity to engage with world-class orchestral music, delivered to 286 attendees for concerts in Stowmarket with 73 children involved in 4 workshops. Music and early years training day was also delivered for 8 practitioners</p>	<p>6. Eighty older residents have been referred into the Active Wellbeing programme in Year one locations, Fressingfield and Stradbroke since the project began in July 2018.</p> <p>7. We have worked with partners to establish a new Great Run Local event in Walsham-le-Willows. It launched in February and has attracted an average weekly attendance of around 100 people.</p> <p>8. We have partnered with Stowmarket Bowls Rookery Club and the Stowmarket Dementia Action Alliance to enable a range of opportunities for community participation in bowling.</p> <p>9. We have established the Chill, Chat and Play programme in Stowmarket to help parents with young children who are experiencing mental health problems. It is delivered by Homestart Mid Suffolk and Suffolk ArtLink.</p>
<p>Main Achievements continued</p>	<p>The Audit was validated by a Panel of members from the Local Safeguarding Children's Board. The Panel confirmed that Babergh and Mid Suffolk Councils provided strong evidence of compliance and agreed we demonstrated a high standard of service.</p> <p>The Health and Wellbeing Team have officially launched a new three-year joint project with Suffolk Sport.</p>	<p>4. The Lullaby project provides children in the early years with the opportunity to experience world-class orchestral music through specially created events. So far 3 Lullaby workshops, each involving two musicians have been delivered in September (1 x Home Start Mid and West Suffolk group and 2 x Stowmarket Library). Music in Early Years CPD training, supporting seven early learning goals, has also been successfully delivered with nine Early Years providers attending.</p> <p>5. Grants - in the year to date the Communities team has offered £41,000 in capital grants (overall project value £204,000) and Section 106 monies of £180,000 have been granted to a range of community projects. This includes improvements at Woolpit Village Hall and Fressingfield Social Club and new seating for Stowmarket Swimming Club (officially opened in September).</p>		

<p>Impact on communities / the way we work</p>	<p>Active Wellbeing is a bespoke approach to help living in rural communities who are physically inactive into more active lifestyles. The programme will also support the development of new activities, where they are needed, to help older people to become and stay, active. Active Wellbeing will initially work with GP surgeries in Stradbroke and Fressingfield.</p>	<p>1. The Prostate Cancer Awareness event was well received by staff and feedback received demonstrated a positive impact. 2. Members of the Stowmarket Rookery Bowling Club Committee and volunteers have become trained Dementia friends and the club is proactively working towards becoming one of the first Dementia Friendly clubs in the county. Many of those attending taster-sessions have become members at their local club, including a sight-impaired bowler who is now the club's disability ambassador. 3. Community engagement for the Make, Do & Friends project started in September. The project is working with older people including those living with dementia and is helping to reduce rural isolation and loneliness. 4. The Lullaby project has worked with 70 families in Stowmarket and neighbouring villages and is making a positive impact on the wellbeing of participants and the wider community. 5. The Council's grant aid programme supports services and projects that benefit our communities and align with our strategic priorities.</p>	<p>The active wellbeing programme is supporting increasing numbers of older residents to improve their wellbeing by becoming active and reducing social isolation and loneliness.</p>	<p>The active wellbeing programme is supporting increasing numbers of residents to improve their wellbeing by becoming active and reducing social isolation and loneliness.</p>
<p>Key for trend graph:</p> <ul style="list-style-type: none"> ● 2015/16 ● 2016/17 ● 2017/18 ● 2018/19 — target <p>Key:</p> <ul style="list-style-type: none"> n/a not applicable n/av not available highlighted measure, further detail in main report 				

**Strong and Safe Communities
Corporate Manager Sue Clements**

Performance measure	Period	Data	Target	Council	Trend	Comments
SSC01 No. of volunteers utilised by revenue funded organisations by the council. Cabinet Member: Julie Flatman Data Owner: Gill Hilder	2018/19	1097	2018/19 baseline year	MSDC		
Performance measure	Period	Data	Target	Council	Trend	Comments
SSC02 No. of volunteer hours utilised by revenue funded organisations by the council. Cabinet Member: Julie Flatman Data Owner: Gill Hilder	2018/19	121,056	2018/19 baseline year	MSDC		
Performance measure	Period	Data	Target	Council	Trend	Comments
SSC03 Capital Funds awarded to voluntary and communities sector as a % of total project costs. Cabinet Member: Julie Flatman Data Owner: Gill Hilder	2018/19	24%	2018/19 baseline year	MSDC		Monetary amounts/projects funded have been affected by increased due diligence and project development, including visiting project sites, encouraging improved relationships with Parish Councils, utilising existing S106 Developer Contributions monies where possible, utilising Community Infrastructure Levy (CIL) and where appropriate accessing external funding sources.
Performance measure	Period	Data	Target	Council	Trend	Comments
SSC04 Capital funding awarded (£) against total project costs (£) Cabinet Member: Julie Flatman Data Owner: Gill Hilder	2018/19	£53,220 awarded against projects costs of £224,779	N/A	MSDC		This includes in Qtr 4 repairs to Hinderclay Village Hall and demountable cricket nets for Walsham le Willows Sports Club.☹

Performance measure	Period	Data	Target	Council	Trend	Comments
SSC05 % of staff having completed safeguarding training (based on data at a specific date annually) Cabinet Member: Julie Flatman Data Owner: Joshua Holmes	2018/19		100%	MSDC		This measure is currently under review as with a turnover of staff (new starters and staff leaving), we do not have a control baseline to work from. During 2018/19 57 staff received Child Safeguarding training and 75 staff received Adult Safeguarding training.
Health and Wellbeing Corporate Manager Jonathan Seed						
Performance measure	Period	Data	Target	Council	Trend	Comments
HW01 % of ACTIVE adults as measured by the Active Lives Survey (Active defined as more than 150 minutes of moderate intensity exercise per week) Lead Member: Diana Kearsley Data Owner: Jon Seed	2015/16 2016/17 2017/18	64.5 58.1 59.0	Increase	MSDC		This information is derived from the national Active Lives survey published by Sport England. The survey suggests that just under 3 in every 5 adults is meeting the minimum weekly recommended level of physical activity. The most recent Active Lives Survey covers May 2017 to May 2018. The survey for May 2018 to May 2019 won't be available until Feb 2020.
Performance measure	Period	Data	Target	Council	Trend	Comments
HW02 The total number of new referrals to the GP exercise on prescription schemes which will include a breakdown of: Everyone Active managed schemes Other funded schemes Non funded schemes Lead Member: Diana Kearsley Data Owner: Jon Seed	2018/19	165	No target currently set, 2018/19 is baseline year.	MSDC		The data shown is the total number of referrals at Mid Suffolk Leisure Centre (Stowmarket) and Stradbroke. The new Stradbroke scheme is supported by a new initiatives grant and commenced in late 2018. In 2019/20 we will also report the data for another new scheme in Debenham which will commence in April 2019.
Performance measure	Period	Data	Target	Council	Trend	Comments
HW03 No. of new dementia friends (Local Dementia Action Alliances) Lead Member: Diana Kearsley Data Owner: Jon Seed	2018/19 Qtr.2 Qtr.4	3 13	No targets are set by the DAAs	MSDC		We work with villages and towns to help them establish local Dementia Action Alliances. There are DAAs in Stowmarket and Eye. Each DAA recruits local residents and businesses to become dementia friendly. We also enable them to deliver Dementia Friends Workshops to communities and provide support and information for Dementia events. The data for Q4 relates to new dementia friends in Metfield.

Performance measure	Period	Data	Target	Council	Trend	Comments						
HW04 No. of new businesses signed up to the national Dementia Declaration via a local Dementia Action Alliance Lead Member: Diana Kearsley Data Owner: Jon Seed	2018/19 Qtr.2 Qtr.4	 2 2	 No targets are set by the DAAs	 MSDC	<table border="1"> <caption>HW04 Performance Data</caption> <thead> <tr> <th>Period</th> <th>Data</th> </tr> </thead> <tbody> <tr> <td>Qtr.2</td> <td>2</td> </tr> <tr> <td>Qtr.4</td> <td>2</td> </tr> </tbody> </table>	Period	Data	Qtr.2	2	Qtr.4	2	We work with villages and towns to help them establish local Dementia Action Alliances. Each DAA recruits local residents and businesses to become dementia friendly. We also enable them to deliver Dementia Friends Workshops to communities and provide support and information for Dementia events.
Period	Data											
Qtr.2	2											
Qtr.4	2											
HW05 No. of inactive older people in the target localities supported to become more physically active through the commissioned Active Wellbeing Programme (cumulative) Fressingfield Stradbroke Lead Member: Diana Kearsley Data Owner: Jon Seed	2018/19 Qtr.2 Qtr.4	 15 80	 75	 MSDC	<table border="1"> <caption>HW05 Performance Data</caption> <thead> <tr> <th>Period</th> <th>Data</th> </tr> </thead> <tbody> <tr> <td>Qtr.2</td> <td>15</td> </tr> <tr> <td>Qtr.4</td> <td>80</td> </tr> </tbody> </table>	Period	Data	Qtr.2	15	Qtr.4	80	80 clients have been referred into the Active Wellbeing programme in the Year 1 locations, Fressingfield and Stradbroke since the project began in July 2018. This exceeds the annual target in the SLA of 75 referrals. This innovative programme is making a significant impact in these communities by helping older people to become and stay more physically active and connected to their local community.
Period	Data											
Qtr.2	15											
Qtr.4	80											
HW06 No. of live community-based arts events supported by Village Stage Cabinet Member: Diana Kearsley Data Owner: Zoey Banthorpe	2018/19	3	3	MSDC		The 3 performances were given in community settings in Drinkstone, Metfield and Coddendam and attracted a total of 326 attendees. These live events also stimulated 37 instances of volunteering.						
HW07 No. of live community-based arts events supported by The Inn Crowd Lead Member: Diana Kearsley Data Owner: Zoey Banthorpe	2018/19	5	3	MSDC		In total 5 performance have been given this year in Beyton and Laxfield attracting 189 attendees. Inn Crowd provided two performances of "Down the Pub with Luke Wright" and "Essex Girl" at the Bear Inn, Beyton. Our partners continue to produce and deliver performances with the Communities Arts District Officer who supports with funding applications, community engagement and promotion of these events.						